



# PARISH COMMUNITY OF ST. JOSEPH

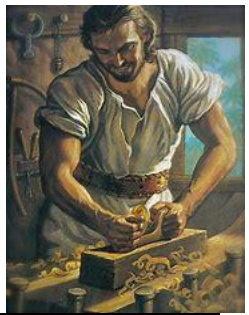
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Northsydneyparish.com holycrosscemeteryns.com

Facebook at St. Joseph's Parish North Sydney

## 5th Sunday in Ordinary Time



† FEB. 7TH, 2021, ORDINARY TIME YEAR A †

REV. DOUGLAS MACDONALD – PASTOR  
Fatherdouglass@gmail.com  
GLEBE HOUSE: 902-794-4599  
Rev. Mr. Roy Smith, Deacon

**Leadership Ministry Team**  
Pam Hall-Faith Formation, Cavell Young – Bookkeeping, Janis Rose  
& Cathy MacDonald- Liturgy, Monica Shebib-Baptism/Bereavement  
/Funeral Team, Richard Rose-Finance

OFFICE, 902-794-3951  
GLEBE, 902-794-4599

### ST. JOSEPH PARISH NEXT WEEK

Date	Location	Time	Details	Mass Intentions FOR THE WEEK
Mon. Feb. 8th	Private Mass			For Joan Guy
Tues. Feb. 9th	Private Mass			For A Special Favour
Wed. Feb. 10th	Private Mass			For All Fire Fighters
Thurs. Feb. 11th	Private Mass			For All Truck Drivers
Fri. Feb. 12th	Private Mass			FOR ALL POSTAL WORKERS
Sat. Feb. 13th	St. Joseph Church St. Joseph Church	3:15 pm 4:00 pm	Confessions Mass	For All Volunteers
Sun Feb. 14th	St. Joseph Church	10:00 am	Mass	For All Parishoners

Ministries	4 pm Mass Saturday, Feb. 13th	10 am Mass Sunday, Feb. 14th
SACRISTAIN & LINENS	Deacon Roy Smith, Team	Deacon Roy Smith, Team
CHOIR		
GREETERS	Susan Spurrell, Kim Dooley	Pam Hall, Taralee MacInnis
USHERS	Irene Cogan, Cathy MacDonald, Joe Howell	Cavell Young, Joe Tobin, Bob Jardine
READERS	Kay Batherson	Fred MacLeod
PRESENTATION OF GIFTS		
EXTRAORDINARY MIN. OF HOLY COMMUNION	Deacon Roy	Deacon Roy
Cleaning of Church	Team	Team
PORTER - OPENS CHURCH	George Quirk	Calvin Gracie

### PARISH NEWS.

**Income Tax Receipts**-for 2020 are now available at the back of the church.

### Holy Cross Cemetery

St. Joseph Parish, North Sydney  
Holy Cross Cemetery Care Committee

At this time, the Holy Cross Cemetery Care Committee members extend our condolences to you and your family on the loss of your loved one. This can be a difficult time for families, with many details to attend to.

We hope that in sharing this document with you, it can serve as a reference of what to expect in relation to the burial of your loved one and what the associated costs are.

Our Committee is responsible for managing the ongoing care and maintenance of both the Holy Cross Cemetery and the older St. Joseph Cemetery. To ensure the cemetery grounds are cared for & maintained in excellent condition, we employ two Caretakers from May 1st to October 1st. We also maintain an electronic database of the cemetery plot plan. Funds to operate the cemeteries are generated from payments received for plot purchases and burials, as well as bequests.

Once we receive notification of death from the funeral home, a bill will be issued to you, which will include the amount owing for the requested plot(s), plus charges for the burial itself. Please note, this bill is separate and apart from any funeral home expense. Prices for single and multiple plots, as well as burial costs are listed below.

### New Lots Price

1 - Grave Lot \$625.00

2 - Grave Lot \$1000.00

3 - Grave Lot \$1375.00

4 - Grave Lot \$1650.00

5 - Grave Lot \$1950.00

Full Burial \$800.00

Cremation Burial \$500.00

Perpetual Care is included for the purchase of any plot(s). This includes seeding the plot(s), mowing and maintaining the area. Using the price list above, the total cost for a single plot with cremation burial would be \$1125, while the cost for a single plot with full burial would be \$1425.

For the purchase of multiple plots, the cost per plot is reduced. For instance, the purchase of two plots would be \$1000 and if a cremation burial is requested that would be \$500, bringing the total cost to \$1500.

Sincerely and in prayer,

Daniel McKeough, Committee Chair

Michael Tobin, Committee Vice Chair

Heather Duff, Committee Secretary

Maureen Guy, Committee Accounts

Sally Ryan, Committee Member

Father Doug MacDonald

**Notice to Visitors to Holy Cross Cemetery**- the chain on the second road at the cemetery will be open as long as the weather remains good. The roads will remain open, up to our next announced snow storm.

## **Celebration of St. Blaise & World Day of the Sick**

At the week-end masses on Feb 13<sup>th</sup> & 14<sup>th</sup>, St Joseph Parish will hold a combined celebration of St Blaise (Feb 3<sup>rd</sup>) & World Day of the Sick (Feb 11<sup>th</sup>) with prayers to Our Lady of Lourdes and with a congregational blessing of the throats. Due to pandemic restrictions, no individual blessings will be done.

### **Ash Wednesday, Feb 17<sup>th</sup> – Mass Times**

There will be two masses on this day; one at 12:15 pm & the other at 6:30 pm.

The masses will be on a “first come” basis to a maximum capacity of 100, which includes everyone in the building. FULL SIGNS will be posted at the entrances once this level is reached.

### **Distribution of Ashes in Time of Pandemic – From the Congregation for Divine Worship & the Discipline of the Sacraments, 12 Jan 2021.**

The Priest says the prayer for blessing the ashes. He sprinkles the ashes with holy water, without saying anything. Then, he addresses all those present and only once says the formula as it appears in the Roman Missal, applying it to all in general: “Remember that you are dust, and to dust you shall return.”

The Priest then cleanses his hands, puts on a face mask and distributes the ashes to those who come to him. The Priest, or the Deacon, takes the ashes and sprinkles them on the head of each one without saying anything.

## **Prayer, Contemplation, meditation**

When our intention is to seek God's presence, one effective mode of prayer is gazing at an object as a window to the unseen God—be it a traditional religious icon or an object we've chosen because of its meaning for us. Simply looking, without assigning any particular interpretation or meaning to the object of your gaze, can take you deep into contemplative awareness of God.

Begin this exercise by using a traditional icon (or copy of one). That's because they are lovingly created expressly for the purpose of prayer, and praying with one binds you to the great cloud of witnesses that have prayed with these images throughout history. A photograph or painting that you treasure would also suffice. The important part is seeking God's presence. The image in front of you is merely a window to God.

- Find a comfortable place to sit and gaze at your chosen icon. Decide how long you will spend in this contemplative practice. (20 minutes is suggested, 5 min to start.)

- Express your intention to encounter God. Ask God for guidance.

- We are invited to allow our mind to descend deep into the center of our heart, where we will encounter the presence of God. Spend a few moments pondering this and try allowing it to happen.

- Gaze at the icon. Let your gaze be long and loving. Think of the icon as a mystical window in which you are on one side and God is on the other. Allow God to communicate with you by way of this image, but do not become anxious about *how* or *when* God may communicate. Simply continue to gaze and allow your heart to become still and open. Do this until you reach your time limit.

- End the contemplation with a prayer of gratitude.

- Spend a few minutes reflecting on the experience. Did you understand or feel that your mind descended into your heart? What was it like to use your eyes so intently in prayer? Did you feel the presence of the Holy during this prayer? If so, can you describe what you felt or experienced? . . . Would you be inclined to pray in this way again? Why or why not?

Peace, Fr. Doug

## **RELIGIOUS EDUCATION**

### **Who can baptize?**

The ordinary ministers of Baptism are the bishop and the priest. In the Latin Church the deacon also can baptize. In cases of necessity any person can baptize provided he has the intention of doing what the church does. This is done by pouring water on the head of the candidate while saying the Trinitarian formula for Baptize: “I baptize you in the name of the Father and the Son and the Holy Spirit.”

### **HALL NEWS**

**Hall Envelopes** - Donations to the hall are 100% levy free.

The finance committee created *new hall envelopes* that are available in the pews. For tax receipts write: *St. Joseph Hall* on your cheque.

		Jan. 30 <sup>th</sup> & 31 <sup>st</sup>
Envelopes		1782.00
Faith Formation		
Fuel		30.00
Church Improvement		
Special Collection		50.00
Candles		25.00
Totals		1887.00
Pre Authorized Debt		3029.00
Hall Fund		295.00

### **DIOCESAN NEWS**

#### **KOC**

#### **CWL**

### **CWL Notice:**

Our National office has directed that an “Instructed Vote” on changes to our Constitution & Bylaws must be held at an in-person meeting of our council early in 2021. All of the proposals must be voted on within the same time frame.

I look forward to seeing you, on Monday, Feb 8<sup>th</sup> at 2 pm. All pandemic protocols will be followed.

Thank you, Janis Rose, President – CWL Council

### **ST. VINCENT DE PAUL**

Northside Particular Council of the Saint Vincent de Paul is reopening the Clothing Depot located in Sydney Mines Food Bank. The depot will open on the 1<sup>st</sup> and 3<sup>rd</sup> Mondays of each month from 1 to 3 pm reopening on February 1<sup>st</sup>.

Clothing and small household items are available free of charge to those in need. We continue with Covid-19 limited numbers at one time, social distancing, as well as masks, hand sanitizing and sign in for contact tracing if necessary. The SSVP phone number is 902736-6543. We have an answering machine which is checked often.

### **QUOTE OF THE WEEK**

*“Let your religion be less of a theory and more of a love affair”*  
G. K. Chesterton

### **Community Compassionate Care**

**Kids Help Phone** – 1-800-668-6868

**Prevention Through Action** – Reporting and healing incidents of abuse or misconduct in our diocese. Rev. Charles Cameron 1-902-863-4373 or email: [charleshugh7@gmail.com](mailto:charleshugh7@gmail.com).

**Canada Suicide Prevention Service** 1-833-456-4566 or Text. 45645

**Canadian Sport Abuse Help Line** -Call/text: 1-888-837-7678  
[info@abuse-free-sport.ca](mailto:info@abuse-free-sport.ca)      [www.abuse-free-sport.ca](http://www.abuse-free-sport.ca)

### **Compassionate Community Care**

Euthanasia Prevention Advice, Support, Confidential and Free 1-855-675-8749

**Expectant Mother Fund**-diapers, formula, and baby accessories for parents in need. Phone 902-794-3951

**PEACE BE WITH YOU AND HAVE A GREAT WEEK!**