

THE BULLETIN FOR
ST. BARRA PARISH (ST. COLUMBA, ST. ANDREW'S)
ST. MARY'S, FRENCHVALE
ST. MICHAEL'S, BADDECK
QUEEN OF THE WORLD, WAGMATCOOK
HOLY TRINITY, WAYCOBAH

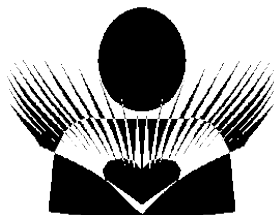
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THIRD SUNDAY OF LENT
March 19, 2017



*The Water I Shall Give
Will Become A Spring
Of Living Water
Welling Up To
Eternal Life*

REGULAR WEEKEND MASS SCHEDULE:
Saturdays - St. Columba, Iona - 4 p.m.
Saturdays - St. Mary's, Frenchvale - 6 p.m.
Sundays - St. Michael's, Baddeck - 9 a.m.
Sundays - Queen of the World, Wagmatcook - 10:15 a.m.
Sundays - Holy Trinity, Waycobah - 11:30 a.m.
Sundays - St. Andrew's, Boisdale - 4 p.m.

ST. BARRA PASTORAL COUNCIL MEETING on Thursday, March 30, at 6:30 p.m. at the Boisdale Fire Hall.

AD LIMINA VISIT: The tradition of *ad limina* visits finds its roots in the 15-day visit of Paul with Peter (cf. Galatians 1:18) that provided help for their respective ministries. *Ad limina* visits can be traced back to the fourth century and they contribute to the intimate relationship between the particular Church and the universal Church. While a bishop is head of a particular church, he is also a member of the College of Bishops in union with the Holy Father as the universal Shepherd. By officially meeting with the Roman Pontiff, each bishop implicitly professes his deep relationship with the One who is also the visible principle of unity among the bishops and for the whole Church. During the *ad limina* visit there will be an opportunity to discuss the various issues that touch the life of the Church today. Please pray for Bishop Dunn as he makes his *ad limina* visit to Rome.

FIRST COMMUNION: First Communion for St. Barra Parish, Iona, will be held in May 13 of this year. If your child is eligible (Grade 2 and up) for First Communion and has not yet registered, please email stcolumba.iona@ns.sympatico.ca or phone Josie, 902-725-2173.

MARRIAGE ENCOUNTER WEEKEND is planned for April 7 to 9 in Our Lady of Hope Retreat House, PEI. This worldwide movement of married couples offers an opportunity to enrich your relationship to "make a good marriage a great marriage". After informative talks by the presenting team couples are challenged to dialogue with their spouse in the privacy of their rooms. This newly constructed retreat in Hope River offers a great opportunity for couples through the encouragement of presenting team who have found a new richness in their relationship through the technic of "dialogue" offered my WWME. For information contact James and Connie McNeill, 902-314-8541 or Father Charles Cameron, 902-863-4373, or email for information renewmarriage@gmail.com

LENTEN MISSION: "Words of Wisdom for an Age of Anxiety" The Parish of Saint Leonard is offering a Lenten Mission from April 1 - 5, at the Parish Church of Saint Leonard, Mount Carmel Avenue, New Waterford. Fr. Ray Huntley will lead the Mission, which will focus on some insights from contemporary spiritual writers which offer consolation and hope during difficult and uncertain times. The Mission will begin with homilies at weekend Masses on Saturday, April 1, at 4 p.m. and Sunday, April 2, at 9 & 11 a.m. The Mission will continue with a Mission Session & Healing Service on Monday, April 3, at 6:30 p.m. Mission Session & Reconciliation Service on Tuesday, April 4, at 6:30 p.m. and conclude on Wednesday, April 5, at 6:30 p.m. with a Mission Session and Closing Mass. This will be followed by a social at the Parish Hall (Convent Street). Everyone is welcome!

BREAKFAST at the Baddeck Legion this Sunday, March 19, from 8:30 a.m. - 11:30 a.m. All proceeds for the Baddeck Academy Grade 9/10 Class Trip. Thank you for your support.

GROUP GUITAR PRACTICE SESSION AT THE IONA LEGION: The next practice session will be Sunday, March 19, at 2 p.m. New players are welcome. Music will be provided. Players must have basic guitar/mandolin skills. Note: These sessions are open to the public (19 & over). The bar will be open.

FOOT CARE & WELLNESS CLINIC will be held on Wednesday, March 22, at St. Columba Parish Centre, Iona. For appointment/information contact Paula, 902-871-2810, or Pauline, 902-725-2698. Sponsored by CCBCV, Wellness committee.

GAELIC IMMERSION SESSIONS every Friday from 10 a.m. to 4 p.m. at 335 Farrell Road, Benacadie. \$10/day. Bring your own lunch. Please call Stacey for further information, 902-622-2888.

WINTER YOGA takes place on Tuesdays at 7 p.m. at the Boisdale Fire Hall. Classes are \$5 per session. Please bring a mat and blanket and wear comfortable clothing. If you have any questions, contact Anita MacKinnon at 902-871-2074.

ADULT CHAIR FITNESS CLASS continues on Tuesdays from 10:30 - 11:30 a.m. **BACK TO BASICS FITNESS CLASS** continues on Thursdays from 10:30 - 11:30 a.m. Cost is \$5 per class. All classes held at St. Columba Parish Centre with Instructor Theresa MacLean, PTS, FIS.

CARD GAMES: Tuesdays – Senior's Club, Frenchvale – 7:30 p.m. Wednesdays – Boisdale Fire Hall – 8 p.m.

LUNCH & LEARN FOR LENT: Come and join us on Thursdays at St. George's Hall, Sydney, for a presentation from a community group plus a soup lunch. Admission is a free will offering. Net proceeds will be divided between the Ally Center and Every Woman's Center. Time is 12 noon until 1 p.m. March 23 - A speaker from the Muslim Community with the soup supplied by the Commoner Restaurant (Ginger Carrot Soup). March 30 - Tracy Menge, Goat Island Tours, Eskasoni, with soup supplied by Charlie MacKinnon Catering, Frenchvale, (Turkey Vegetable Soup). April 6 - Sam Gascoyne, Autism Cape Breton, with soup supplied by Kiju's (Cauliflower Soup).

MINISTRIES - ST. COLUMBA - Saturday, March 25 - 4 p.m. - Readers - Pauline Campbell, James Redden. Eucharistic Ministers - Betty MacNeil (The Bread), Wendy MacNeil (The Cup), Sharon MacNeil (The Cup). Hospitality - John Neil MacLeod, Neil James MacNeil, Buddy MacNeil, Brad Parks. Altar Servers - Hannah K., Katherine, Riley.

MINISTRIES - ST. MICHAEL'S - Sunday, March 26 - 9 a.m. - Readers - Charlene Ivany, Peggy MacKinnon. Eucharistic Minister - Charlene Ivany. Church cleaning for the week of March 19 - Florence & Robert Ryan. **MINISTRIES - ST. ANDREW'S - Sunday, March 26 - 4 p.m.** - Readers - Fiona, Peggy. Eucharistic Minister - Marie. Hospitality - Vince, John. Altar Server - Emma.

OFFERINGS (Mar. 12)	St. Columba	St. Mary's	St. Michael's	St. Andrew's
Envelopes	\$ 597.00	\$ 495.00	\$ 368.00	\$ 350.00
Loose	34.50	16.80	45.00	15.00
Weekly Direct Deposit		245.00		
Building Fund	150.00	110.00		80.00
Cemetery Fund				35.00
St. Columba Cem.	10.00			

LENTEN PRAYER FOR SPIRITUAL RENEWAL

God, Heavenly Father, look upon me and hear my prayer during this Holy Season of Lent. By the good works You inspire, help me to discipline my body and to be renewed in spirit. Without You I can do nothing. By Your Spirit help me to know what is right and to be eager in doing Your will. Teach me to find new life through penance. Keep me from sin, and help me live by Your commandment of love. God of love, bring me back to You. Send Your Spirit to make me strong in faith and active in good works. May my acts of penance bring me Your forgiveness, open my heart to Your love, and prepare me for the coming feast of the Resurrection of Jesus during this Lenten Season, nourish me with Your Word of life and make me one with You in love and prayer. Fill my heart with Your love and keep me faithful to the Gospel of Christ. Give me the grace to rise above my human weakness. Give me new life by Your Sacraments, especially the Mass. Father, our source of life, I reach out with joy to grasp Your hand; let me walk more readily in Your ways. Guide me in Your gentle mercy, for left to myself I cannot do Your Will. Father of love, source of all blessings, help me to pass from my old life of sin to the new life of grace. Prepare me for the glory of Your Kingdom. I ask this through our Lord Jesus Christ, Your Son, Who lives and reigns with You and the Holy Spirit, one God, forever. Amen