

## THE BULLETIN FOR March 16/17, 2019

Parish Office: 1769 Frenchvale Road, Frenchvale, NS B2A 4E2

**Parish Priest:** Rev. Paul Abbass  
**Associate Pastor:** Rev. Vargheese  
902-794-2741 or 902-301-4120 (cell)  
**Deacon Wally Ivany**  
902-595-4497

**E-Mail:** [abbassp@me.com](mailto:abbassp@me.com)  
**E-Mail:** [vargheseims@gmail.com](mailto:vargheseims@gmail.com)  
**E-Mail:** [ivamy1957@hotmail.com](mailto:ivamy1957@hotmail.com)

**Bulletin:** [stcolumba.iona@ns.sympatico.ca](mailto:stcolumba.iona@ns.sympatico.ca)  
**Website:** [www.heartofcapebretonparishes.com](http://www.heartofcapebretonparishes.com)

### SECOND SUNDAY OF LENT



### WEEKEND MASS SCHEDULE

Saturdays	St. Columba, Iona	4 p.m.
Saturdays	St. Andrew's, Boisdale	5:30 p.m.
Saturdays	Holy Trinity, Waycobah	6 p.m.
Saturdays	St. Mary's, Frenchvale	6 p.m.
Sundays	St. Michael's, Baddeck	9 a.m.
Sundays	Queen of the World, Wagmatcook	10:30 a.m.

**STATIONS OF THE CROSS** will take place at St. Columba Church, Iona, on Saturdays at 3:30 p.m. before the 4 p.m. Mass. We ask that the Altar Servers scheduled for the Saturday Masses be at the Church in time for the Stations of the Cross.

**ST. ANDREW'S CHURCH** will be open 1/2 hour before Mass during Lent for anyone who wish to pray the Stations of the Cross.

**PARISHIONERS OF ST MICHAEL'S:** Please be aware that elections for new Parish Council members will be held in the near future; if you or somebody in the parish is interested in serving on Council please let Father know ASAP. Some possible candidates names have come forward already. More information will be announced at the next few Masses. Thank You

**ST. MARY'S PARISH:** All candidates for First Communion are asked to contact Sheila at 902-794-4198 to register.

**MASS FOR SHUT-INS:** Sundays on CTV at 11:30 a.m.

**ADULT FAITH DISCUSSIONS:** Please join us for a series of four adult faith discussions at St. Marguerite Bourgeoys Church, 40 Cabot St., Sydney, for the coming Four Wednesdays of Lent at 7 p.m. Wednesday, Mar. 27 - I'm Spiritual but not religious (facilitators will be Wendy Bergfeldt, Fr. Bill Burke and Maggie Gillis). Wednesday, Mar. 27 - Me and Jesus got our own thing going (Christian Faith is always personal but never private). Wednesday, Apr. 3 - Look at the mess we are in! (The Church in Canada today). Wednesday, Apr. 10 - Where do we go from here?

**OUR PARISH MISSION:** Saturday & Sunday, Mar. 30 & 31 - Homily at all Weekend Masses. Monday, Apr. 1 - 6:30 p.m. - Mission Session - Healing Service. Tuesday, Apr. 2 - 6:30 p.m. - Mission Service - Reconciliation Service. Wednesday, Apr. 3 - 6:30 p.m. - Closing Mass - Mission Homily. The sessions will be led by Fr. Ray Huntley and will take place in the Parish Church of Saint Leonard, Mount Carmel Avenue, New Waterford. Followed by a reception at the Parish Hall. Please pray for the success of our Parish Mission asking God to touch our hearts and lead us closer to Jesus.

**ALL DAY CONFESSIONS:** The Sacrament of Penance, also known as Confession or Reconciliation will take place Saturday, April 13, from 11 a.m. to 4 p.m. at St. Joseph's Parish, North Sydney. The schedule is as follows: 11 a.m. - Fr. Leo Cordeau. Noon - Fr. Vargheese. 1 p.m. - Fr. Angus MacDougall. 2 p.m. - Fr. Jake Andrea. 3 p.m. - Fr. Doug. Please come and make your annual confession before Easter.

**ST. PATRICK'S DANCE** will be held on Saturday, March 16, at the Frenchvale Senior's Club, 3099 Frenchvale Road, from 8:30 p.m. until 12 Midnight. Adm. \$10 (includes Beef Stew and Tea Biscuits). Pay at the door. Please call 902-794-2940 for information.

**ST. PATTY'S IRISH NIGHT** of entertainment and food on Saturday, March 16, 7:30 p.m. to 10 p.m. at the Boisdale Fire Hall with Darryl Keigan. Adm. \$10. Chill, biscuits, Irish soda bread and sausages available.

**FOOTCARE & WELLNESS CLINIC** will be held at the Christmas Island Fire Hall on **Thursday, March 28** (Please note the change of date for this time only ...normally it is the 4<sup>th</sup> Wednesday of the month). For appointment and/or information phone Pauline, 902-725-2698 or Paula, 902-871-2810. Sponsored by CCBCV Inc.

**WINTER YOGA RETURNS** – St. Columba Church Centre, Iona - daytime classes, on Tuesdays, 10 - 11 a.m. and evening classes on Wednesdays, 7 - 8 p.m. Wear comfortable clothing and bring a yoga mat, blanket and water. Certified Yoga Instructor: Amber Buchanan. If school is cancelled at Rankin School of the Narrows the class will be cancelled for the day. Cost: \$5 per class. Sponsored by: CCBCVI, Wellness Committee. For further information email: ccbcvi@gmail.com

**ADULT CHAIR FITNESS CLASS:** Thursdays until April 11, 10:30 - 11:30 a.m., St. Columba Church Centre, Iona. Participants will do aerobic, strength training and stretching exercises while seated in a chair. Bring light weights or two bottles of water to use as weights. Class suitable for persons with all ranges of mobility. Wear comfortable clothing and sneakers. Bring a bottle of water. Instructor: Theresa MacLean, PTS, FIS. If school is cancelled at Rankin School of the Narrows the class will be cancelled for the day. Cost: \$5 per class. Sponsored by: CCBCVI, Wellness Committee. For further information email: ccbcvi@gmail.com

**YOGA** is back for the winter session at the Boisdale Fire Hall on Tuesdays at 7 p.m. & on Fridays at 10 a.m. Classes are \$5 per session. Bring a mat, blanket & wear comfortable clothing. Call Anita at 902-871-2074 for more information.

**EXERCISE CLASSES** have resumed at the Boisdale Fire Hall on Thursdays at 10 a.m. Please wear comfortable clothing and appropriate footwear, and bring a water bottle. If you have any questions please call Marie MacSween at 902-578-9070.

**ALCOHOLICS ANONYMOUS:** Meetings are held in Boisdale, St. Andrew's Church - upstairs - every Friday night from 8 p.m. to 9 p.m. Iona Parish Hall - every Tuesday night from 7 p.m. to 8 p.m. Please call 902-562-8019 for more information.

**CARD GAMES:** Tuesdays – Senior’s Club, Frenchvale – 7:30 p.m. Wednesdays – Boisdale Fire Hall – 7:30 p.m.

**ST. PATRICK'S DAY VARIETY CONCERT:** Sunday, March 17, at the North Sydney Firemen's Club at 2 p.m. 50//50 Draw and canteen featuring fiddlers, musicians, vocalists and dancers. Goodwill donations accepted . Fundraiser for St. Joseph's CWL.

**MINISTRIES - ST. COLUMBA - Saturday, March 23 - 4 p.m.** - Readers – Pauline Campbell, James Redden. Eucharistic Ministers – Kaye- Anne MacNeil (The Bread), Francis MacKinnon (The Cup), Wendy MacNeil (The Cup). Hospitality - Buddy MacNeil, John Neil MacLeod, Pius Campbell, Neil James MacNeil. Altar Servers – Sarah, Katherine.

**MINISTRIES - ST. ANDREW'S - Saturday, March 23 - 5:30 p.m.** - Readers - Paula, Leonard. Eucharistic Minister - Gerard. Hospitality - John. Altar Server - Pat.

**MINISTRIES - ST. MICHAEL'S - Sunday, March 24 - 9 a.m.** - Readers - Bernie MacDonald, Marlene MacLean. Eucharistic Minister - Mary Ivey. Church cleaner for the week of March 17 - Jackie Gauthier.

**SHARE LENT:** Share the journey with members of the Umuechem community in Nigeria. In 1990, a peaceful community in the south of Nigeria became the victim of what has been recognized as the first crime committed by an oil company. Traumatized by a massacre of unparalleled violence, a large majority of the members of this community fled to neighbouring communities, never to return home again. To make sure that their story is never forgotten and to combat impunity, Development and Peace’s partner Social Action is supporting the Umuechem community in their legal action against the oil company. Discover the story of people forced to flee their homes and ways for each one of us to act in solidarity with them: [devp.org/lent](http://devp.org/lent). The Annual Solidarity Sunday collection for Development and Peace will be on Sunday, April 7, the Fifth Sunday of Lent. Your generous solidarity is vital to the mission of Development and Peace and its ability to help, respect, and promote the poor.

<b>OFFERINGS</b> (Mar. 9/10)	<b>St. Columba</b>	<b>St. Mary's</b>	<b>St. Andrew's</b>	<b>St. Michael's</b>
Envelopes	\$ 679.00	\$ 530.00	\$ 600.00	\$ 451.00
Loose	85.00	9.00	30.00	35.60
Direct Deposit	50.00	245.00		
Building Fund	195.00	155.00	40.00	
St. Columba Cem.	5.00			
Cemetery Fund		5.00		
Fuel			200.00	