

**THE BULLETIN FOR
ST. BARRA PARISH (ST. COLUMBA, ST. ANDREW'S)
ST. MARY'S, FRENCHVALE
ST. MICHAEL'S, BADDECK
QUEEN OF THE WORLD, WAGMATCOOK
HOLY TRINITY, WAYCOBAH**

**Parish Office: 1769 Frenchvale Road, Frenchvale, NS B2A 4E2
Phone: 902-565-0631 Fax: 902-794-2049**

**Parish Priest: Rev. Paul Abbass
Deacon Wally Ivany
902-595-4497**

**E-Mail: abbassp@me.com
E-Mail: ivamy1957@hotmail.com**

**Bulletin: stcolumba.iona@ns.sympatico.ca
Website: www.heartofcapebretonparishes.com**

**THIRD SUNDAY OF LENT
March 4, 2018**



REGULAR WEEKEND MASS SCHEDULE:

**Saturdays - St. Columba, Iona - 4 p.m.
Saturdays - St. Andrew's, Boisdale - 5:30 p.m.
Saturdays - St. Mary's, Frenchvale - 6 p.m.
Saturdays - Holy Trinity, Waycobah - 6 p.m.
Sundays - St. Michael's, Baddeck - 9 a.m.
Sundays - Queen of the World, Wagmatcook - 10:15 a.m.**

PRAYING FOR FR. PAUL: Recently Fr. Paul began a nice tradition of saying The Hail Mary after the Prayers for the Faithful. Let us continue this in his honour asking The Blessed Mother to grant him a speedy recovery and many years of good health as he continues to bring joy to our hearts, homes and communities.

SCHEDULE FOR DEANERY LENTEN INDIVIDUAL CONFESSIONS: Place - Saint Joseph's Church, North Sydney. Time - Saturday, March 24, from 11 a.m. to 4 p.m. 11 a.m. to 12 Noon - Fr. Jim Oliver. 12 Noon to 1 p.m. - Fr. Angus MacDougall. 1 p.m. to 2 p.m. - Fr. Jake Andrea. 2 p.m. to 3 p.m. - Fr. Leo Cordeau. 3 p.m. to 4 p.m. - Fr. Patrick O'Neill.

STATIONS OF THE CROSS will take place at St. Columba Church, Iona, on Saturdays at 3:30 p.m. before the 4 p.m. Mass. We ask that the Altar Servers scheduled for the Saturday Masses be at the Church in time for the Stations of the Cross.

STATIONS OF THE CROSS will take place at St. Andrew's Church, Boisdale, on Saturdays at 5:10 p.m. before the 5:30 Mass.

FIRST COMMUNION/FIRST PENANCE: We are in the process of organizing the Sacraments of First Communion/First Penance for St. Barra Parish, Iona. If your child is eligible for First Communion (Grade 2 and up) or First Penance (Grade 4 and up); please register by emailing stcolumba.iona@ns.sympatico.ca or phone Josie at 902-725-2173 before Monday, March 12.

EASTER FLOWERS: Anyone wishing to donate for Easter flowers may do so by putting your donation in an envelope marked "Easter Flowers" and dropping it in the collection. Please put your name and envelope number on it.

GOOD FRIDAY PAGEANT: Our Good Friday Pageant will take place at St. Joseph Church, Little Bras d'Or, on Good Friday, (March 30) at 8 p.m. A great deal of time and effort have been invested by many of our parishioners in order to present this depiction of the life of Jesus from his birth to his resurrection. It includes narration, appropriate music and realistic depictions of the life of Jesus, Prophet and Savior. Everyone is invited. Come early for a good seat. To help defray expenses, a container for freewill offerings will be located near the exits.

PALM SUNDAY HOLY HOUR which will include a walk of the cross around the church. Fr. Paul Murphy will be facilitating Eucharistic Adoration. We will have Taylor & Frances Burton playing music intermittently through the Holy Hour. The hour will conclude with diving mercy and benediction. Holy Redeemer Parish, Whitney Pier on Sunday, March 25, at 2 p.m.

LUNCH & LEARN FOR LENT: Sponsored by the Parish of Resurrection, St. George's Hall, Nepean St., Sydney, from 12 noon till 1 p.m. All are welcome to attend. Admission is by free will offering. Net proceeds will go to our charity this year, the residential addictions treatment centre for women, The Cape Breton Hope Project, in Westmount. Schedule of Speakers: March 8 - Dr. Laura Whyte speaking on the new residential addictions treatment centre for women, The Cape Breton Hope Project. Soup - Turkey vegetable from MacKinnon Catering. March 15 - Michelle Gardiner, St. George's Restoration. Soup - Tomato basil from Meals on Wheels. March 22 - Ericka Shea, New Dawn Centre for Social Innovation. Soup - Squash Bisque from Zeffiros. If you would like to volunteer to help out on any of the days, please call Margaret Fraser, 902-270-6214.

PUB NIGHT: The Boisdale Fire Hall is having a pub night with Darrell Keigan on Saturday, March 10 from 8 p.m. - 10 p.m. Admission \$10. Chili and biscuits tea/coffee - available - cost \$5.

ST. PATRICK'S DAY DANCE: Frenchvale Seniors Club, 3099 Frenchvale Rd., Saturday, March 17. 8 p.m. - 12 Midnight. \$10 per person. Shepherd's Pie and Garlic Bread will be served all evening. For info. Call 902-794-2940. Pay at the door.

ANNUAL GENERAL MEETING OF FACE (Frenchvale and Area Community Endeavours) Monday, March 26, 7 p.m. Frenchvale Road Fire Hall. Representative from NS Transportation to answer questions on roads. Representative from Seaside to answer questions on broadband and high speed internet. All welcome.

EXERCISE CLASSES: Exercise classes at the Boisdale Fire Hall have resumed at 10 a.m. on Thursdays. It is required that the registration form for this no-fee Older Adult Fitness class be completed before officially beginning the program. For further information, please call Marie MacSween at 902-578-9070.

YOGA CLASSES at the Boisdale Fire Hall will take place on Tuesdays at 7 p.m. and on Fridays at 10 a.m. Please bring a mat and blanket and wear comfortable clothing. Any questions, please contact Anita MacKinnon at 902-871-2074.

WINTER YOGA – Wednesday mornings, St. Columba Church Centre. 10 a.m. - 11 a.m. Wear comfortable clothing and bring a yoga mat, blanket and water. Instructor: Linda Bryden. If school is cancelled at Rankin School of the Narrows the class will be cancelled for the day. Cost: \$5 per class.

ADULT CHAIR FITNESS CLASS: Participants will do aerobic, strength training and stretching exercises while seated in a chair. Bring light weights or two bottles of water to use as weights. Class suitable for persons with all ranges of mobility. Wear comfortable clothing and sneakers. Bring a bottle of water. Thursday mornings: 10:30 - 11:30 a.m. until March 22. St. Columba Church Centre, Iona. Instructor: Theresa MacLean PTS, FIS. Cost: \$5 per class.

THE WELLNESS WALKERS PROGRAM and New in 2018 an Adult Strength & Toning Winter Fit Class - at Rankin School of the Narrows, Monday evenings. Time: 7-8 pm. Instructor: Theresa MacLean PTS, FIS. Wear comfortable shoes for indoor use. Use of the fitness equipment is for age 14 and up. Walking is for age 7 and up. Children must be accompanied by an adult or guardian. Walking takes place in the gym. For further information email: ccbev@gmail.com or contact Sharon 902-725-2177.

MINISTRIES - ST. COLUMBA - Saturday, March 10 - 4 p.m. - Readers - Peggy MacKinnon, Pauline Campbell. Stations of the Cross - Shelly Redden. Eucharistic Minister - Roy MacNeil (The Bread). Hospitality - Timmy MacNeil, Brad Parks, Buddy MacNeil, Neil James MacNeil. Altar Servers - Sarah, Grace, Katherine.

MINISTRIES - ST. ANDREW'S - Saturday, March 10 - 5:30 p.m. - Readers - Joe, Kenny. Eucharistic Minister - Jane. Hospitality - Vince, John. Altar Server - Emma.

MINISTRIES - ST. MICHAEL'S - Sunday, March 11 - 9 a.m. - Readers – Bernice Grant, David Fraser. Eucharistic Minister - Jim MacDonald. Church cleaning for the week of March 4 - Kim Cameron.

OFFERINGS (Feb. 24/25)	St. Columba	St. Mary's	St. Andrew's
Envelopes	\$ 584.00	\$ 427.00	\$ 390.00
Loose	86.40	29.00	18.00
Direct Deposit		245.00	
Building fund	15.00		
St. Col. Cem.	20.00		
St. Barra Cem.	200.00		
Cemetery Fund		10.00	
Fuel	10.00	20.00	
Initial Off.		5.00	