

**THE BULLETIN FOR March 2/3, 2019**

**Parish Office: 1769 Frenchvale Road, Frenchvale, NS B2A 4E2**

**Parish Priest: Rev. Paul Abbass**  
**Associate Pastor: Rev. Vargheese**  
**902-794-2741 or 902-301-4120 (cell)**  
**Deacon Wally Ivany**  
**902-595-4497**

**E-Mail: [abbassp@me.com](mailto:abbassp@me.com)**  
**E-Mail: [vargheseims@gmail.com](mailto:vargheseims@gmail.com)**  
**E-Mail: [ivamy1957@hotmail.com](mailto:ivamy1957@hotmail.com)**

**Bulletin: [stcolumba.iona@ns.sympatico.ca](mailto:stcolumba.iona@ns.sympatico.ca)**  
**Website: [www.heartofcapebretonparishes.com](http://www.heartofcapebretonparishes.com)**

**EIGHT SUNDAY IN ORDINARY TIME**



**ASH WEDNESDAY, MARCH 6**  
**MASS SCHEDULE**

<b>Ash Wednesday</b>	<b>St. Columba, Iona</b>	<b>4 p.m.</b>
<b>Ash Wednesday</b>	<b>St. Andrew's, Boisdale</b>	<b>5:30 p.m.</b>
<b>Ash Wednesday</b>	<b>Queen of the World, Wagmatcook</b>	<b>5:30 p.m.</b>
<b>Ash Wednesday</b>	<b>St. Michael's, Baddeck</b>	<b>7 p.m.</b>

**\*\*\*Ashes will be blessed and distributed at these Masses. A reminder that Ash Wednesday is a day of fast and abstinence.**

## WEEKEND MASS SCHEDULE

Saturdays	St. Columba, Iona	4 p.m.
Saturdays	St. Andrew's, Boisdale	5:30 p.m.
Saturdays	Holy Trinity, Waycobah	6 p.m.
Saturdays	St. Mary's, Frenchvale	6 p.m.
Sundays	St. Michael's, Baddeck	9 a.m.
Sundays	Queen of the World, Wagmatcook	10:30 a.m.

### **THE PARISH COMMUNITIES OFFER PRAYER AND SYMPATHY TO:**

The Family of Norma MacLean, Sydney, formerly from Barra Glen.

The Family of Peter (Malcolm Dan) MacNeil, Dartmouth, formerly from Grass Cove.

May they rest in peace. Amen.

**WEEK-DAY MASS** at St. Mary's, Frenchvale, on Tuesday of next week at 9 a.m. Fr. Vargheese will be away on Thursday and Friday.

**CONFIRMATION MEETING:** Fr. Vargheese would like to meet with the parents and candidates for Confirmation on Saturday, March 9, at 2:30 p.m. at St. Columba Church, Iona. Following the meeting, the Candidates will take part in the "Parish Commitment Ceremony" at the 4 p.m. Mass. Confirmation will include candidates in Grades 9 - 12 and any children in Grades 7 and 8 who wish to be confirmed at this time. It's important that parents/candidates be in attendance. If you haven't registered already, please do so by emailing [stcolumba.iona@ns.sympatico.ca](mailto:stcolumba.iona@ns.sympatico.ca) or by phoning Josie at 902-725-2173.

**ST. MARY'S PARISH:** All candidates for First Communion are asked to contact Sheila at 902-794-4198 to register.

**ST. MARY'S CONFIRMATION:** The first of the preparation sessions for Confirmation will be held on Sunday, March 10, at 3 p.m. in St. Mary's Church. It is very important for all candidates to attend. If you have questions please contact Sheila Gillis at 902-794-4198.

**MASS FOR SHUT-INS:** Sundays on CTV at 11:30 a.m.

**PILGRIMAGE** with Fr. Albert MacPherson and Fr. James O'Neill, July 4 - 11, to Ste. Anne de Beaupre, Cap de la Madeline, St. Joseph's Oratory and Montmorency Fall. \$850 for double occupancy. To book your seat or for more information, please contact Helen, 902-304-4101.

**THE DIOCESE OF ANTIGONISH NEWSLETTER** for March is now available on line at [www.antigonishdiocese.com](http://www.antigonishdiocese.com).

**CULTURAL GAELIC GATHERING:** Songs and Stories in Irish, Gaelic and English. Special Guest Fr. Sean Coyle, Dublin Ireland. An afternoon of culture, music, songs and stories. Sunday, March 10, at 2 p.m. Boisdale Fire Hall. Admission by Donation.

**ANNUAL MEETING:** The Annual Meeting for the Iona Volunteer Fire Department will be held at the St. Columba Church Centre on Sunday, March 10, at 6 p.m.

**ST. PATTY'S IRISH NIGHT** of entertainment and food on Saturday, March 16, 7:30 p.m. to 10 p.m. at the Boisdale Fire Hall with Darryl Keigan. Adm. \$10. Chilli, biscuits, Irish soda bread and sausages available.

**WINTER YOGA RETURNS** – St. Columba Church Centre, Iona - daytime classes, on Tuesdays, 10 - 11 a.m. and evening classes on Wednesdays, 7 - 8 p.m. Wear comfortable clothing and bring a yoga mat, blanket and water. Certified Yoga Instructor: Amber Buchanan. If school is cancelled at Rankin School of the Narrows the class will be cancelled for the day. Cost: \$5 per class. Sponsored by: CCBCVI, Wellness Committee. For further information email: [ccbcvi@gmail.com](mailto:ccbcvi@gmail.com)

**ST. PATRICK'S DANCE** will be held on Saturday, March 16, at the Frenchvale Senior's Club, 3099 Frenchvale Road, from 8:30 p.m. until 12 Midnight. Adm. \$10 (includes Beef Stew and Tea Biscuits). Pay at the door. Please call 902-794-2940 for information.

**ADULT CHAIR FITNESS CLASS:** Thursdays until April 11, 10:30 - 11:30 a.m., St. Columba Church Centre, Iona. Participants will do aerobic, strength training and stretching exercises while seated in a chair. Bring light weights or two bottles of water to use as weights. Class suitable for persons with all ranges of mobility. Wear comfortable clothing and sneakers. Bring a bottle of water. Instructor: Theresa MacLean, PTS, FIS. If school is cancelled at Rankin School of the Narrows the class will be cancelled for the day. Cost: \$5 per class. Sponsored by: CCBCVI, Wellness Committee. For further information email: [ccbcvi@gmail.com](mailto:ccbcvi@gmail.com)

**YOGA** is back for the winter session at the Boisdale Fire Hall on Tuesdays at 7 p.m. & on Fridays at 10 a.m. Classes are \$5 per session. Bring a mat, blanket & wear comfortable clothing. Call Anita at 902-871-2074 for more information.

**EXERCISE CLASSES** have resumed at the Boisdale Fire Hall on Thursdays at 10 a.m. Please wear comfortable clothing and appropriate footwear, and bring a water bottle. If you have any questions please call Marie MacSween at 902-578-9070.

**ALCOHOLICS ANONYMOUS:** Meetings are held in Boisdale, St. Andrew's Church - upstairs - every Friday night from 8 p.m. to 9 p.m. Iona Parish Hall - every Tuesday night from 7 p.m. to 8 p.m. Please call 902-562-8019 for more information.

**CARD GAMES:** Tuesdays – Senior’s Club, Frenchvale – 7:30 p.m. Wednesdays – Boisdale Fire Hall – 7:30 p.m.

**ST. PATRICK'S DAY VARIETY CONCERT:** Sunday, March 17, at the North Sydney Firemen's Club at 2 p.m. 50//50 Draw and canteen featuring fiddlers, musicians, vocalists and dancers. Goodwill donations accepted . Fundraiser for St. Joseph's CWL.

**MINISTRIES - ST. COLUMBA - Ash Wednesday, March 6 - 4 p.m.** - Readers – Shelly Redden, Elizabeth MacNeil. Eucharistic Minister – Wendy MacNeil (The Bread). Altar Servers – Grace, Simon. **Saturday, March 9 - 4 p.m.** - Readers – Peggy MacNeil, Peggy MacKinnon. Eucharistic Ministers – Elizabeth MacNeil (The Bread), Anne MacKinnon-Parks (The Cup), Barry George (The Cup). Hospitality - Buddy MacNeil, John Neil MacLeod, Pius Campbell, Brad Parks. Altar Servers – Grace, Sarah, Katherine.

**MINISTRIES - ST. ANDREW'S - Saturday, March 9 - 5:30 p.m.** - Readers - Peggy, Fiona. Eucharistic Minister - Marie. Hospitality - Rankin. Altar Server - Pat.

**MINISTRIES - ST. MICHAEL'S - Sunday, March 10 - 9 a.m.** - Church cleaner for the week of March 3 - Mary Nicholson.

<b>OFFERINGS</b>	<b>St. Columba</b>	<b>St. Mary's</b>	<b>St. Andrew's</b>
(Feb. 23/24)			
Envelopes	\$ 642.00	\$ 352.00	\$ 400.00
Loose	57.00	42.00	15.00
Direct Deposit	50.00	245.00	
Building Fund	5.00		
Cemetery		5.00	20.00
St. Columba Cem.	65.00		
Initial Offering		5.00	
Fuel			100.00