

THE BULLETIN FOR
ST. BARRA PARISH (ST. COLUMBA, ST. ANDREW'S)
ST. MARY'S, FRENCHVALE
ST. MICHAEL'S, BADDECK
QUEEN OF THE WORLD, WAGMATCOOK
HOLY TRINITY, WAYCOBAH

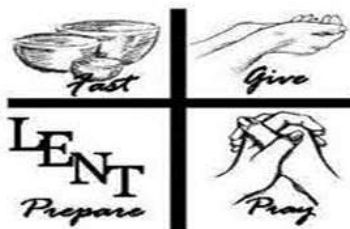
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FIRST SUNDAY IN LENT
February 18, 2018



REGULAR WEEKEND MASS SCHEDULE:

Saturdays - St. Columba, Iona - 4 p.m.
Saturdays - St. Andrew's, Boisdale - 5:30 p.m.
Saturdays - St. Mary's, Frenchvale - 6 p.m.
Saturdays - Holy Trinity, Waycobah - 6 p.m.
Sundays - St. Michael's, Baddeck - 9 a.m.
Sundays - Queen of the World, Wagmatcook - 10:15 a.m.

THE PARISH COMMUNITIES OFFER PRAYER AND SYMPATHY TO:

The Family of John Alex MacNeil, Shenacadie.

The Family of Elizabeth (Betty) Sisnett, Baddeck.

The Family of Rev. Vernon Boutilier, a Priest of our Diocese.

May they rest in peace. Amen.

PRAYING FOR FR. PAUL: Recently Fr. Paul began a nice tradition of saying The Hail Mary after the Prayers for the Faithful. Let us continue this in his honour asking The Blessed Mother to grant him a speedy recovery and many years of good health as he continues to bring joy to our hearts, homes and communities.

ST. MICHAEL'S PARISH: Please pick up a Lenten booklet, & also a sticker book for the children to use during Lent.

STATIONS OF THE CROSS will take place at St. Columba Church, Iona, on Saturdays at 3:30 p.m. before the 4 p.m. Mass. We ask that the Altar Servers scheduled for the Saturday Masses be at the Church in time for the Stations of the Cross.

STATIONS OF THE CROSS will take place at St. Andrew's Church, Boisdale, on Saturdays at 5:10 p.m. before the 5:30 Mass.

NOTICE TO ALL CURSILLISTAS, ULTREYA: February 22, at Our Lady of Fatima Church, Sydney River, starts at 7:30 p.m. The Cursillo weekend schedule for the Spring of 2018, Women's - May 3 - 6, and Men - May 24 - 27. If interested in attending please call Kevin or Karen McSween at 902- 862- 8517, Betty Lahey at 902-270-0891, Burt or Claudia Aucoin 902-578-1266, Marie Burke 902-549-3748.

FIRST COMMUNION/FIRST PENANCE: We are in the process of organizing the Sacraments of First Communion/First Penance for St. Barra Parish, Iona. If your child is eligible for First Communion (Grade 2 and up) or First Penance (Grade 4 and up); please register by emailing stcolumba.iona@ns.sympatico.ca or phone Josie at 902-725-2173.

PILGRIMAGE to Saint Anne De Beaupre, Cap de la Madeline, St. Joseph Oratory and Montmorency Falls. Come join me Fr. Patrick O'Neill on a pilgrimage from June 10 to June 17. The cost is \$850 per person. There are a limited number of seats available. If interested please phone Helen at 902-794-8825 to book your seat on the bus and for more information.

THE CHRISTMAS ISLAND & AREA NEIGHBOURHOOD WATCH COMMITTEE will be hosting a public meeting on Tuesday, Feb. 20, at 7 p.m. at the Fire Hall. Mr. Tom MacNeil, a social worker at the Cape Breton Cancer Treatment Centre, will give a presentation on the services and help the treatment centre provides. Our Community Liaison Officer, Constable Charles Romard, will be in attendance as well. Also, we have some income tax information handouts from Wayne Banfield, a tax specialist and financial planner. In the event of poor weather, the meeting will be rescheduled to Thursday, Feb. 22. Mark the date on your calendar and plan on coming out for a cup of tea and lots of information. Everyone welcome.

LUNCH & LEARN FOR LENT: Sponsored by the Parish of Resurrection, St. George's Hall, Nepean St., Sydney, from 12 noon till 1 p.m. All are welcome to attend. Admission is by free will offering. Net proceeds will go to our charity this year, the residential addictions treatment centre for women, The Cape Breton Hope Project, in Westmount. Schedule of Speakers: Feb. 22 - Baha'i Faith. Soup - Loaded potato soup from Flavour. March 1 - Dr. D. Dunn speaking on Chronic pain. Soup - Hearty vegetable and rice from Commoner Bar & Grill. March 8 - Dr. Laura Whyte speaking on the new residential addictions treatment centre for women, The Cape Breton Hope Project. Soup - Turkey vegetable from MacKinnon Catering. March 15 - Michelle Gardiner, St. George's Restoration. Soup - Tomato basil from Meals on Wheels. March 22 - Ericka Shea, New Dawn Centre for Social Innovation. Soup - Squash Bisque from Zeffiros. If you would like to volunteer to help out on any of the days, please call Margaret Fraser, 902-270-6214.

EXERCISE CLASSES: Exercise classes at the Boisdale Fire Hall have resumed at 10 a.m. on Thursdays. It is required that the registration form for this no-fee Older Adult Fitness class be completed before officially beginning the program. For further information, please call Marie MacSween at 902-578-9070.

YOGA CLASSES at the Boisdale Fire Hall will take place on Tuesdays at 7 p.m. and on Fridays at 10 a.m. Please bring a mat and blanket and wear comfortable clothing. Any questions, please contact Anita MacKinnon at 902-871-2074.

WINTER YOGA RETURNS – Wednesday mornings, St. Columba Church Centre. 10 a.m. - 11 a.m. Wear comfortable clothing and bring a yoga mat, blanket and water. Instructor: Linda Bryden. If school is cancelled at Rankin School of the Narrows the class will be cancelled for the day. Cost: \$5 per class.

ADULT CHAIR FITNESS CLASS: Participants will do aerobic, strength training and stretching exercises while seated in a chair. Bring light weights or two bottles of water to use as weights. Class suitable for persons with all ranges of mobility. Wear comfortable clothing and sneakers. Bring a bottle of water. Thursday mornings: 10:30 - 11:30 a.m. until March 22. St. Columba Church Centre, Iona. Instructor: Theresa MacLean PTS, FIS. Cost: \$5 per class.

THE WELLNESS WALKERS PROGRAM and New in 2018 an Adult Strength & Toning Winter Fit Class - at Rankin School of the Narrows, Monday evenings. Time: 7-8 pm. Instructor: Theresa MacLean PTS, FIS. Wear comfortable shoes for indoor use. Use of the fitness equipment is for age 14 and up. Walking is for age 7 and up. Children must be accompanied by an adult or guardian. Walking takes place in the gym. The Fit Class is designed for a full body workout of strengthening exercises that will make the body stronger and leaner, using hand weights, cardio and stretching. Bring a yoga mat, hand weights and water. If school is cancelled at Rankin School of the Narrows class will be cancelled for that evening. For further information email: cbcvi@gmail.com or contact Sharon 902-725-2177.

MINISTRIES - ST. COLUMBA - Saturday, February 24 - 4 p.m. - Readers - Neil MacNeil, James Redden. Stations of the Cross - Hugh MacKinnon. Eucharistic Minister - Barry George (The Bread). Hospitality - John Neil MacLeod, Brad Parks, Neil James MacNeil, Timmy MacNeil. Altar Servers - Riley, Sarah, Simon.

MINISTRIES - ST. ANDREW'S - Saturday, February 24 - 5:30 p.m. - Readers - Paula, Leonard. Eucharistic Minister - Blaine. Hospitality - Kenny, Joe. Altar Server - Vince.

MINISTRIES - ST. MICHAEL'S - Sunday, February 25 - 9 a.m. - Readers – Bernie MacDonald, Peggy MacKinnon. Eucharistic Minister - Bernice Grant. Church cleaning for the week of February 18 - Mary Nicholson.

OFFERINGS (Feb. 10/11)	St. Columba	St. Mary's	St. Andrew's
Envelopes	\$ 634 .00	\$ 373.00	\$ 290.00
Loose	75.95	8.90	19.00
Direct Deposit		245.00	
Building fund	10.00		
Fuel	5.00	15.00	
St. Col. Cem.	5.00		