

## THE BULLETIN FOR FEBRUARY 9/10, 2019

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### FIFTH SUNDAY IN ORDINARY TIME



### WEEKEND MASS SCHEDULE

Saturdays	St. Columba, Iona	4 p.m.
Saturdays	St. Andrew's, Boisdale	5:30 p.m.
Saturdays	St. Mary's, Frenchvale	6 p.m.
Sundays	St. Michael's, Baddeck	9 a.m.
Sundays	Queen of the World, Wagmatcook	10:30 a.m.

**THE PARISH COMMUNITIES OFFER PRAYER AND SYMPATHY TO:**

The Family of Lorraine Flynn, Beaver Cove.

May she rest in peace. Amen.

**ST. BARRA PARISH CONFIRMATION:** The Sacrament of Confirmation will take place on Thursday, June 6, at 7 p.m. at St. Columba Church, Iona, with Bishop Dunn presiding. Eligible candidates (Grade 9 and up) are required to register by emailing [stcolumba.iona@ns.sympatico.ca](mailto:stcolumba.iona@ns.sympatico.ca). or by phoning Josie at 902-725-2173. More information on classes, etc., will be determined when Fr. Vargheese returns from India. Please register soon as we would like to know how many books to order. Thank you.

**175<sup>TH</sup> DIOCESAN HOLY LAND PILGRIMAGE:** Bishop Dunn will be leading a group of people to the Holy Land in September. The trip will take place from September 1 - 12, 2019. Cost will be around \$4000. Brochures are available at the Emmaus Centre and at the Chancery Office. The Diocesan website has a registration form. Half registration is due on March 1. Limited space is available, so register soon. This pilgrimage will give participants an opportunity to grow tremendously in their relationship of faith.

**HOLY FAMILY PARISH IN SYDNEY MINES** is hosting the Amazing gRACE Youth Rally on April 6. Invitation is extended to Youth in Grades 9, 10, 11, 12, confirmation candidates, their catechists, deacons and priests are invited to join Holy Family Parish confirmation group for an Amazing Confirmation Retreat on April 6 in Sydney Mines. Father Gary George, CSSR, will be leading the retreat. He has been working as National Youth Director, and Vocation Director. Father Gary has a passion and calling for mission work and has conducted many retreats, workshops and parish missions around America, South Africa, and Europe in the last 27 years of his priesthood. Father Gary has dedicated his life to working with youth and will bring some of that energy and passion to our parishes. He promises that this retreat will be an unforgettable day for our youth. The Retreat will begin at 11 a.m. and will end after the 4 p.m. Mass. Please register your confirmation class by March 8 by emailing Norma Blinkhorn at [norma@dioceseofantigonish.ca](mailto:norma@dioceseofantigonish.ca). The cost is \$10 per person. Please note young adults are also welcome to attend.

**WORLD DAY OF PRAYER** will be held on Friday, March 1, at 2 p.m. at Alderwood Guest Home, Baddeck. Volunteers to participate or bring food are needed. Please see Bernice after Mass if able to help out.

**MASS FOR SHUT-INS:** Sundays on CTV at 11:30 a.m.

**LADIES OF THE PARISH** are invited by Knox AMS to hear a guest speaker at Knox on Tuesday, February 12, at 1:30 p.m. Dr. Laura Whyte will talk about Project Hope, a program for women with addiction or substance abuse. A free will offering is appreciated.

**ADULT CHAIR FITNESS CLASS:** Thursdays until April 11, 10:30 - 11:30 a.m., St. Columba Church Centre, Iona. Participants will do aerobic, strength training and stretching exercises while seated in a chair. Bring light weights or two bottles of water to use as weights. Class suitable for persons with all ranges of mobility. Wear comfortable clothing and sneakers. Bring a bottle of water. Instructor: Theresa MacLean, PTS, FIS. If school is cancelled at Rankin School of the Narrows the class will be cancelled for the day. Cost: \$5 per class. Sponsored by: CCBCVI, Wellness Committee. For further information email: [ccbcvi@gmail.com](mailto:ccbcvi@gmail.com)

**SNOW SHOE EVENT:** Make the most of the Family Day Long Weekend in February and take in our Snow Shoe Event on Saturday, February 16, and snowshoe, along the Beautiful Shores of Washabuck. Come out for a fun winter hike with friends and family, enjoy our beautiful scenery and join us in a social event. Hike is at 3 p.m. followed by a spaghetti meal (\$6) and social evening. This is part of the 8<sup>th</sup> Annual Victoria County Winter ActiveFest 2019 and Hike Nova Scotia 2019 events. Pre-registration is required - contact [snowshoeing@washabuck.com](mailto:snowshoeing@washabuck.com), Zina at 902-725-2444, Cheryl at 902-371-0169. Our event is sponsored by Washabuck Community Centre, Health and Wellness and Naturally Active Victoria County Winterfest.

**8<sup>TH</sup> ANNUAL VICTORIA COUNTY WINTER ACTIVEFEST 2019** - Join us for a Snowshoe Hike, Snowman making and Skating (*weather permitting*), Rankin School of the Narrows, Saturday, Feb. 23, 1 - 3 p.m. Limited number of snowshoes available – Please pre-register by Feb. 20 and book snowshoes or bring your own - Contact [ccbcvi@gmail.com](mailto:ccbcvi@gmail.com) or phone Anne MacKenzie 902-322-4682. FUN for the whole family! Hot chocolate and healthy snack provided. Sponsored by Central Cape Breton Community Ventures, Wellness Committee and Naturally Active Victoria County. Supported by Hike Nova Scotia and Rankin School of the Narrows.

**WINTER YOGA RETURNS** – St. Columba Church Centre, Iona - daytime classes, starting Tuesday, Feb. 26, 10 - 11 a.m. and evening classes starting Wednesday, Feb. 27, 7 - 8 p.m. Wear comfortable clothing and bring a yoga mat, blanket and water. Certified Yoga Instructor: Amber Buchanan. If school is cancelled at Rankin School of the Narrows the class will be cancelled for the day. Cost: \$5 per class. Sponsored by: CCBCVI, Wellness Committee. For further information email: [ccbcvi@gmail.com](mailto:ccbcvi@gmail.com)

**YOGA** is back for the winter session at the Boisdale Fire Hall on Tuesdays at 7 p.m. & on Fridays at 10 a.m. Classes are \$5 per session. Bring a mat, blanket & wear comfortable clothing. Call Anita at 902-871-2074 for more information.

**EXERCISE CLASSES** have resumed at the Boisdale Fire Hall on Thursdays at 10 a.m. Please wear comfortable clothing and appropriate footwear, and bring a water bottle. If you have any questions please call Marie MacSween at 902-578-9070.

**THE LITERACY PROJECT OF THE CAPE BRETON** coalition for social justice is in need of gently used or new books. Our main focus is pre-school and children's books; although we do collect young peoples and adult books in good condition as well. We need to replenish our shelves. We have given out approximately 900 books during the "Under One Umbrella" event in November, 2018. Our project delivers books throughout the year to the Food Banks, plus other services where the need is great for reading materials. Please consider gifting books that your children no longer use in order to supply books in homes where books are not available. Books may be dropped off at the Cape Breton Coalition/Book Depot by calling, Franklyn at 902-562-0682 or by contacting one of the Coalition members you may know. Looking forward to hearing from you.

**MINISTRIES - ST. COLUMBA - Saturday, February 16 - 4 p.m.** - Readers – Liz MacNeil, Peggy MacKinnon. Eucharistic Ministers – Anne MacKinnon-Parks (The Bread), Elizabeth MacNeil (The Cup), Wendy MacNeil (The Cup). Hospitality - John Neil MacLeod, Brad Parks, Timmy MacNeil, Buddy MacNeil. Altar Servers – Grace, Hannah K., Simon, Rory. **MINISTRIES - ST. ANDREW'S - Saturday, February 16 - 5:30 p.m.** - Readers - Anita, Blaine. Eucharistic Minister - Blaine. Hospitality - Len. Altar Server - Pat. **MINISTRIES - ST. MICHAEL'S - Sunday, February 17 - 9 a.m.** - Readers - Marie Hanam, David Fraser. Eucharistic Minister - Jackie Gauthier. Church cleaner for the week of February 10 - Bernice Grant.

<b>OFFERINGS</b> (Feb. 2/3)	<b>St. Columba</b>	<b>St. Mary's</b>	<b>St. Andrew's</b>
Envelopes	\$ 554.00	\$ 583.00	\$ 675.00
Loose	87.50	.75	42.00
Direct Deposit	50.00	245.00	
Energy Needs		115.00	140.00
Initial Off.		5.00	115.00
Fuel	180.00		
Building Fund	5.00		120.00